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## An Open Response to the World and Domestic Leaders Letter

Premise – Change the climate to create safety and support and you will change the culture. The following are actionable steps with a short synopsis.

- 1. **Circle of Influence –** Dealing with the whole child in four (4) segments and planning a strategy of support by involving friends, family, teachers and educators will insure each group plays a part in the young person's growth.
- 2. **Voice of Reason –** Insuring each young person has a voice in their community, family and school.
- 3. **Youth Focus Group** Each person or organization who works directly with youth needs to hear from the source, which is other youth. It keeps parents and educators current and relevant with at-risk issues so we can become pro-active.
- 4. **26 Days of Acts of Kindness –** A commitment to do simple acts of kindness in school, for family and community. These acts are then posted on facebook/twitter, etc. but not for recognition but to inspire others to continue to pay it forward.
- 5. **Peer-to-Peer –** The most effective presenters are fellow students who have experienced tragedy and can address the problems from a position of experience.
- Lunchroom Activities The loneliest time of the day for students with low selfesteem is the lunchroom. They stick out and are often thought to be losers. Having interactive activities, such as videos, discussion groups, board games, etc., will help them get through a difficult time of the day.
- 7. **Signage –** Everyone needs a point of pride. I have asked schools and communities to have a prominent sign reflecting their mission that every young person should feel <u>safe</u>, valued and loved.
- 8. **Refrigerator Magnet –** The greatest complaint of parents and educators is "I don't know where to go for help." A magnet giving names, phone numbers and specialty areas will always provide help in a crisis.
- 9. I offer to young people "Inspirational" posters and a printed bracelet "Happy people live outside themselves" as a daily reminder that their voice counts.